

**The
ACADEMY
of
NATURAL HEALING**

School Of Continuing Education

Established 1975



BE IT KNOWN THAT

JANET APPEL

**HAS SUCCESSFULLY COMPLETED A 155 HOUR TRAINING IN
POLARITY ENERGY BALANCING, ENERGETIC HEALING, AND BODYWORK
AND IS HEREBY CERTIFIED AS A WELLNESS CONSULTANT
AND POLARITY PRACTITIONER**

**WITNESS our hands at New York, NY
April 11, 2007**

Jan Harmon
Director



**The International Association
of
Healing Professionals**

IAHP

HEREBY CERTIFIES THAT

JANET APPEL

HAS BEEN ACCEPTED AS A PROFESSIONAL MEMBER
OF THE IHAP WITH ALL THE HONORS AND SERVICES
ASSOCIATED WITH SUCH MEMBERSHIP

***WITNESS our hands at New York, NY
May 1, 2007***




Lewis Harrison - President



January 15, 2007

THE LEWIS HARRISON INSTITUTE
40 West 72 St • New York, NY 10023
212-724-8782

Janet M. Appel
Energy 4 Living
349 Apple Drupe Way
Holly Springs, NC 27540

RE: **Reference Letter**

Janet M. Appel graduated from the "***Academy of Natural Healing***" in New York and was my student at the Academy. Mrs. Appel is a ***Certified Personal Wellness Consultant, Lifestyle Coach in Nutrition, Polarity Therapy, Essential Oils, and Bodyworks***. She also has Certification by the ***National Association of Haling Professionals***.

Mrs. Appel is extremely knowledgeable and experienced, and I highly recommend her services in nutrition as well as holistic healing and well being to anyone seeking nutritional guidance and advice.

Mrs. Appel has a compassion for her work and her desire and motivation is just incredible. I have no doubt that Mrs. Appel would be an asset to anyone who needs assistance in nutrition and mind body healing.

If I can be of further assistance, please feel free to contact me at (212) 724-8782.

Sincerely,

Lewis Harrison
Director
The Academy of Natural Healing
New York City

:LH

A handwritten signature in black ink, appearing to read 'LH Harrison', written in a cursive style.

Keynotes
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Consulting

